## ELEVEN AND TWELVE YEARS

Name $\qquad$ Date $\qquad$

## Weight

$\qquad$ Height $\qquad$ Body Mass Index $\qquad$

## Office Hours: We are available $\mathbf{2 4}$ hours a day, $\mathbf{3 6 5}$ days a year!

- Monday-Friday: 8:30am-5:30 pm (later as needed to accommodate urgent visits)
- Saturdays and Holidays: 9am-12pm (later as needed to accommodate urgent visits) - Urgent visits only
- Sundays: Mornings (office times vary) - Urgent visits only


## Telephone Coverage: Longwood Pediatrics has 24-hour telephone coverage.

STOP
Please ALWAYS call us before going to any emergency room.

- Monday-Friday: 8:30am-5:30pm - to schedule appointments or leave a message for the nursing staff. This is the best option for general medical questions and to make appointments.
- Saturdays, Sundays, and Holidays: 9am - 12pm to schedule an urgent appointment - please call early in the day.
- After regular business hours: After hour calls are answered by well-trained pediatric nurses who follow protocols approved by Longwood Pediatrics. Please restrict calls to urgent medical issues only.


## Appointment Scheduling:

- Well Visit/Checkups: Our schedules are open one year in advance for routine well visit appointments. Schedule next year's well visit, today!
- Sick Visits: It is best to call the office early in the day to schedule an appointment. If you are not sure that your child needs to be seen, you may leave a message for our nursing staff and a nurse will call you back within an hour.


## Communication:

Did you know that you can contact Longwood Pediatrics by email to request non-urgent appointments, medication refills, immunization records, and communicate with your child's provider? Sign up at the front desk today!

